

# CLOGPENDIUM<sup>©</sup> of Canadian Clogging Choreography

Issue: 4 August 2018

Welcome to the **FOURTH** edition of the Canadian Clogging Choreography CLOGPENDIUM<sup>©</sup>. A compendium, as defined in the Miriam-Webster Dictionary, is a collection or compilation of a topic so here is a compilation of clogging cue sheets written by Canadian Clogging Choreographers.



This is a light issue so I extend **A REALLY BIG THANK YOU** to those that took the time from their busy summer to contribute their choreography. We hope you enjoy the routines. With fall right around the corner I hope to see some more coming in for the next issue. If you use a routine, please let the choreographer know where their routines are being danced.

The CLOGPENDIUM<sup>©</sup> of Canadian Clogging Choreography will be shared on my website [www.kerriclogs.com](http://www.kerriclogs.com) and in the [Canadian Cloggers](#) Facebook group (membership is limited to those living in Canada) and beyond by your sharing of it.

To submit, please email [kerriclogs@hotmail.com](mailto:kerriclogs@hotmail.com) and please include the subject line: CLOGPENDIUM submission.

Next deadline is Sept 30, 2018 for an October 15 publication date.

#### Submission Requirements:

- Choreographer must be Canadian
- Please include contact information on your cue sheet
- Choreography must be original
- Microsoft Word or PDF files accepted
- Bonus points if you choreograph a routine using music from a Canadian artist
- By submitting/contributing, you give permission for the cue sheet to be shared.

Thank you for sharing and supporting this publication,

Kerri Orthner

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## ABBREVIATIONS USED IN STEP NOTATION

(adapted with permission from Jeff Driggs' webpage <https://www.doubletoe.com/history.htm>, any new abbreviations or editions are listed in *purple*)

Listed below are the most commonly agreed upon abbreviations used in the notation of steps on cue sheets. In the early 1980's a movement was afoot to use one letter abbreviations for the eight basic movements used in traditional clogging. Some have been accepted, but most of the movements are more commonly recalled using two letter abbreviations. I have listed the abbreviation most commonly used for each movement.

### Traditional Clogging Movements

(most commonly used abbreviations)

<u>Term</u>	<u>Most Commonly used</u>	<u>1 letter or other Abbrev.</u>
Brush	BR	(B)
<i>Chug</i>	<i>CH</i>	
<i>Double Step</i>	<i>DS</i>	
Double Toe	DT	(D)
<i>Double Toe Step</i>	<i>DTS</i>	
Drag	DR	(G)
Heel	H	
<i>Heel Click</i>	<i>Hclk</i>	
<i>Heel with weight</i>	<i>H(w)</i>	
<i>Heel Touch</i>	<i>HTch</i>	
Rock	R	
Slide	SL	(E)
Step	S	
Toe	T	
<i>Toe Touch</i>	<i>TTch</i>	
<i>Touch</i>	<i>Tch</i>	

### Contemporary Clogging Movements

(most commonly used abbreviations)

<u>Term</u>	<u>Most Commonly used</u>	<u>1 letter or other Abbrev.</u>
Break	BRK	
Click	CLK	
Hop	HOP	
Kick	K	KIK
<i>Kick in</i>	<i>KI</i>	
<i>Kick out</i>	<i>KO</i>	
Pivot	PVT	
Pull	PULL	PUL
Slur	SLUR	SLR
Stamp	STA	
Stomp	STO	
Touch	TCH	

## **Buck Dance Movements**

(most commonly used abbreviations)

<u>Term</u>	<u>Most Commonly used</u>	<u>1 letter or other Abbrev.</u>
Ball	B	(BA)
Bounce	BO	
Dig	DIG	(DG)
Flange	FL	
Flick	FLK	(FC)
Hit	HIT	(HT)
Point	PT	
Skuff	SK	
Skuffle	SF	
Slip	SLP	(SP)
Snap	SNP	(SP)

## ***Flatfooting Movements***

<u>Term</u>	<u>Most Commonly used</u>	<u>1 letter or other Abbrev.</u>
<i>Skuff</i>	<i>SK</i>	
<i>Pop</i>	<i>POP</i>	
<i>Drag</i>	<i>DR</i>	
<i>Flap</i>	<i>FL</i>	
<i>Slide</i>	<i>SL</i>	
<i>Step</i>	<i>S</i>	

*TNDN = SK POP FL S*  
*TNUP = SK POP FL Hclk (or DR)*

*POP refers to the popping of the toe*

*POP and DR may be used interchangeably*

*Flap refers to the backward brush of a foot AKA spank on some cue sheets*

## Directional Designators

(written in parentheses following the movement in a horizontal format and to the outside of the movement in a vertical cue sheet format)

b back  
f front  
o out  
s side  
x uncross (usually follows xif or xib)  
*unx uncross*

bs beside  
ib in back  
if in front  
in toward the weight bearing leg  
up raising of the foot

xib across in back  
xif across in front  
out away from the weight bearing leg  
ins inside (beside the instep of the weight bearing foot)  
ots out to the side  
o&b out and back (as a BRUSH starting from an xif position)  
oba out, back and around (foot makes a horizontal semi-circle from front to back)  
xba across, back and around (foot makes a vertical circle behind the body)

## Foot Designators

(written beneath basic movements)

L for Left foot  
R for Right foot

## Separation Designators

(written between basic movements)

On a CLOG Standard Cue Sheet:

/ indicates that the movements on each side of the "/" are done simultaneously

S / H(F)

L R

On a Lined Score sheet (Developed by Bill Nichols, Adapted by Jeff Driggs, Simone Nichols)

Movements appearing in line with each other above and below the step line are done simultaneously

L S

R H(F)

## Timing Designators

(written beneath the foot designators)

- e marks a 1/4 count
- & marks an upbeat (1/2 count)
- a marks a 3/4 count
- 1 – 8 numbers a bass beat (full count)

## Some other links to learn how to read cue sheets

<http://home.nethere.com/hunsakers/cuesheets/reading.html>

<http://www.cloggingresource.com/steps/abbreviations--notation>

<https://www.cloggingaustralia.com/dictionary/abbreviations201408.pdf>

<http://cowboyculture.com.au/cue/clog/ClogCueSheetAbbreviations.pdf>

<http://www.riverboat.com/Clog/StepTerm/Abbreviations.pdf>

<http://sheilajospencer.com/blog/2016/2/27/cloggers-dictionary-cue-sheet-noun>

# All I Want to Do (Country)

**Artist:** Sugarland **Album:** Love on the Inside (Deluxe Fan Edition) **(Time:** 3:36)

**Level:** Easy Advanced Line Dance **Speed:** 97 BPM

**Choreo:** 🇨🇦 Kerri Orthner, kerriclogs@hotmail.com, 780 922-6821 www.kerriclogs.com

**Sequence:** A – B – C – D – A – B – C – E – C – C – C – C – Ending

**Wait:** 16 beats **LEFT FOOT** lead

## Cues

### Part A (32 beats)

2 Brush Cramp Rocks  
Apart and Rock  
Buck Joey  
Burton Slide  
Flare Vine

### Part B (8 beats)

Jump Tap Thing

### Part C (32 beats)

2 Modified Twist Splits and Triple

### Part D

2 Strut Hiccup Vine

**Repeat Part A** – Brush Cramp rocks

**Repeat Part B** – Jump Tap thing

**Repeat Part C** – Twist Splits & Triple

### Part E

Breezin Easy  
Sweat Step

**Repeat Part C**

**Repeat Part C**

**Repeat Part C**

**Repeat Part C**

### Ending

1 Twist Split (no triple) and just a Step

## Step Breakdown

### Brush Cramp Rock (repeat with opposite footwork)

			(turn ¼ L)	(face the front on rock step)
DS	BR	Hclk	TTHH	RS
L	R	L	RLRL	RL
&a1	&	2	e&a3	&4

### Apart and Rock

		(turn ¼ L)		(face the front on hop)
DS	DT	DOWN	(p)	Hop TB HS
L	R	both		L RR LL
&1	&	2	&	3 e& a4

### Buck Joey (right foot)

	(xib)	(ots)	(ots)	(xib)	(ots)	(ots)	
DS	TB	HB	HB	TB	HB	H	Step
R	LL	RR	LL	RR	LL	R	R
&1	e&	a2	e&	a3	e&	a	4

### Burton Slide

				(ots)	(xib)	(ots)	(xib)		
DS	<b>TNDN</b>	TB	HS	S	S	pull	S	<b>TNDN</b>	DS TB HS
L	R	LL	RR	L	R		L	R	L RR LL
&a1	e&a2	e&	a3	&	4	&	5	e&a6	&a7 e& a8

(p\*) drag the left toe across the floor in front before stepping on beat 5

### Flare Vine (first time starts with right foot)

DT	Hclk	RS	DT	Hclk	RS	DS	DS	DS	RS
R	L	RL	R	L	RL	R	L	R	LR
&a	1	&2	&a	3	&4	&a5	&a6	&a7	&8

## Abbreviations:

### **TNDN** - Tennessee DOWN

SK	POP	Flap	Step
R	L	R	R
e	&	a	1

### Jump Tap Thing

		(b)			(b)
(p)	JMP	Ttap	Hop	(p)	JMP Ttap Hop
	L	R	L		R L R
&	1	&	2	&	3 & 4
DS	DS	BA	SL	BA	SL
L	R	L	L	R	R
&a5	&a6	&	7	&	8

### Modified Twist Splits and Triple

– fits the music

DT	TWIST	SPLIT	S	SK	UP	TWIST	SPLIT	S	SK	UP
L	both	both	L	R	R	both	both	R	L	L
&a	1	2	3	&	4	5	6	7	&	8

TWIST	SPLIT	S	SK	UP	DS	DS	DS	RS
Both	both	L	R	R	R	L	R	LR
9	10	11	&	12	&a13	&a14	&a15	&16

**Strut Hiccup Vine** (repeat with opposite foot work)

DS	Htch	S	DS	Hop	Ttap	S	DS	Htch	S	DS	RS
L	R	R	L	L	R	R	L	R	R	L	RL
&a1	&	2	&a3	&	a	4	&a5	&	6	&a7	&8

**Breezin Easy**

DS	TB	HS	JMP	TB	JMP	TB	Lift/Hop	BO
L	RR	LL	R	LL	R	LL	R/L	both
&a1	e&	a2	&	a3	&	a4	&	5

DT	DT	BO	DT	BA	SL
L	R	Both	R	R	R
e&	a6	&	a7	&	8

**Sweat Step**

DS	H(w)	Htch	S	R	HS	STA	STO	(p)	S
L	R	L	L	R	LL	R	R		L
&a1	&	a	2	&	a3	&	4	&	5


TB	TB	TB	TB	BA	SL
RR	LL	RR	LL	R	R
e&	a6	e&	a7	&	8



# Barefoot Boy (Country)

**Artist:** Mama Said **Album:** Take Root (**Time:** 3:39) (edit music to fade out at 2:03 minutes)

**Level:** Early Beginner **Speed:** 79 BPM

**Choreo:** Kerri Orthner (CCI), kerriclogs@hotmail.com, 780 922-6821, Ardrossan, AB  website: www.kerriclogs.com

**Sequence:** A – B – A\* – B\* – Ending

**Wait:** 8 beats **LEFT FOOT** lead

## Cues

### Part A

8 Steps  
8 Double Toe Steps  
8 Steps  
8 Double Toe Steps

### Part B

2 Fancy Doubles  
2 Triples  
2 Fancy Doubles  
1 Triple  
1 Basic  
4 Basics

### Part A\*

8 Steps  
8 Double Toe Steps  
8 Steps  
8 Double Toe Steps  
\*2 Double Toe Steps

### Part B\*

2 Fancy Doubles  
2 Triples  
2 Fancy Doubles  
1 Triple  
1 Basic  
\*2 Steps

### Ending

7 Basics  
3 Steps (goes with music)

## Step Breakdown (in order of appearance)

### Steps

S	S	S	S	S	S	S	S
L	R	L	R	L	R	L	R
1	2	3	4	5	6	7	8

### Double Toe Steps (aka Double Steps or Runs)

DS	DS	DS	DS	DS	DS	DS	DS
L	R	L	R	L	R	L	R
&a1	&a2	&a3	&a4	&a5	&a6	&a7	&a8

### Fancy Double

DS	DS	RS	RS
L	R	LR	LR
&a1	&a2	&3	&4

### Triple

DS	DS	DS	RS
L	R	L	RL
&a1	&a2	&a3	&4

### Basic

DS	RS
L	RL (appears the first time with opposite footwork)
&a1	&2

### Abbreviations used:

S – step (full weight transfer, flat foot)

DS – double step

RS – rock step

L – left foot

R – right foot

Choreography written only until 2:03 in the song because there is a pause in the music there.

# Christmas in Killarney

Artist: Music Machine Length: 1:47 B.P.M. 116  
 Albumn: Christmas Classic Hits Collection (60 Songs)

Choreo: Gerald Laking  
 gblaki@hotmail.com

Level: INTERMEDIATE

## Notes:

This routine has 6 / 8 Timing

Step descriptions are written starting with the Left foot, convert to Right foot as necessary.



**DONKEY** - DS TCHxif H TCHots H TCHib H  
 6/8 Timing L R L R L R L  
 &a1 a 2 a 3 a 4

**FANCY DOUBLE** - DS DS RS RS  
 6/8 Timing L R LR LR  
 &a1 &a2 a3 a4

**HIT BASIC** - DS R xif S H hit S Rots S xif  
 6/8 Timing L R L R R L R  
 &a1 a 2 a 3 a 4

**GALLOP 'n' ROCK** - DS BA H S BA H S RS  
 6/8 Timing L R L L R L L RL  
 &a1 & a 2 & a 3 a 4

**BASIC & DRAG** - DS RS DR Sxif RS  
 6/8 Timing L RL L R LR  
 &a1 a2 a 3 a 4

**SAMANTHA** - DS DSxif DR Sib DR Sots RS DS DS RS  
 6/8 Timing L R R L L R LR L R LR  
 &a1 &a2 a 3 a 4 a5 &a6 &a7 a8

**TRIPLE** - DS DS DS RS  
 6/8 Timing L R L RL  
 &a1 &a2 &a3 a4

**HALF SAMANTHA** - DS DSxif DR Sib RS  
 6/8 Timing L R R L RL  
 &a1 &a2 a 3 a 4

**ROOSTER RUN** - DS DSxif BAots BAxib BAots STxif  
 6/8 Timing L R L R L R  
 &a1 &a2 a 3 a 4

**MOUNTAIN GOAT** - DS BAxif BAxib BAots BAxif BAxib SL/Lift  
 6/8 Timing L R L R L R R/L  
 &a1 a 2 a 3 a 4

**GALLOP 'n' STOMP** - DS BA H S BA H S STOMP  
 6/8 Timing L R L L R L L R  
 &a1 & a 2 & a 3 4

Wait 8 Beats

**Intro**  
 L DONKEY  
 R FANCY DOUBLE moving Fwd  
 R DONKEY  
 L FANCY DOUBLE moving Back

**A**  
 L HIT BASIC face diagonal L  
 L GALLOP 'N' ROCK diag. fwd.  
 R SAMANTHA moving back  
 R HIT BASIC face diagonal R  
 R GALLOP 'N' ROCK diag. fwd.  
 L SAMANTHA moving back

**B**  
 L TRIPLE move forward  
 R HALF SAMANTHA  
 L BASIC & DRAG  
 L FANCY DOUBLE move back

**C**  
 L HIT BASIC face diagonal L  
 L GALLOP 'N' ROCK diag. fwd.  
 R SAMANTHA moving back  
 R HIT BASIC face diagonal R  
 R GALLOP 'N' ROCK diag. fwd.

**D**<sub>4x</sub>  
 L ROOSTER RUN move L & turn 1/4 L on last step  
 L MOUNTAIN GOAT

**A**  
 L HIT BASIC face diagonal L  
 L GALLOP 'N' ROCK diag. fwd.  
 R SAMANTHA moving back  
 R HIT BASIC face diagonal R  
 R GALLOP 'N' ROCK diag. fwd.  
 L SAMANTHA moving back

**B**  
 L TRIPLE move forward  
 R HALF SAMANTHA  
 L BASIC & DRAG  
 L FANCY DOUBLE move back

**C**  
 L HIT BASIC face diagonal L  
 L GALLOP 'N' ROCK diag. fwd.  
 R SAMANTHA moving back  
 R HIT BASIC face diagonal R  
 R GALLOP 'N' ROCK diag. fwd.

**End**  
 L HIT BASIC face forward  
 L GALLOP 'n' STOMP move fwd

# Christmas in Killarney

Artist: Music Machine Length: 1:47 B.P.M. 116  
Albumn: Christmas Classic Hits Collection (60 Songs)

Choreo: Gerald Laking  
gblaki@hotmail.com

Level: INTERMEDIATE

Note:

This routine has 6 / 8 Timing

Wait 8 Beats



**Intro**  
L DONKEY  
R FANCY DOUBLE moving Fwd  
R DONKEY  
L FANCY DOUBLE moving Back

**A**  
L HIT BASIC face diagonal L  
L GALLOP 'N' ROCK diag. fwd.  
R SAMANTHA moving back  
R HIT BASIC face diagonal R  
R GALLOP 'N' ROCK diag. fwd.  
L SAMANTHA moving back

**B**  
L TRIPLE move forward  
R HALF SAMANTHA  
L BASIC & DRAG  
L FANCY DOUBLE move back

**C**  
L HIT BASIC face diagonal L  
L GALLOP 'N' ROCK diag. fwd.  
R SAMANTHA moving back  
R HIT BASIC face diagonal R  
R GALLOP 'N' ROCK diag. fwd.

**D**<sub>4x</sub> {  
L ROOSTER RUN move L & turn ¼ L on last step  
L MOUNTAIN GOAT

**A**  
L HIT BASIC face diagonal L  
L GALLOP 'N' ROCK diag. fwd.  
R SAMANTHA moving back  
R HIT BASIC face diagonal R  
R GALLOP 'N' ROCK diag. fwd.  
L SAMANTHA moving back

**B**  
L TRIPLE move forward  
R HALF SAMANTHA  
L BASIC & DRAG  
L FANCY DOUBLE move back

**C**  
L HIT BASIC face diagonal L  
L GALLOP 'N' ROCK diag. fwd.  
R SAMANTHA moving back  
R HIT BASIC face diagonal R  
R GALLOP 'N' ROCK diag. fwd.

**End**  
L HIT BASIC face forward  
L GALLOP 'n' STOMP move fwd

# Come On Down

Artist: High Valley  
Album: Country Line

Time: 3:24

Level: Easy Intermediate  
Genre: Country

Choreo: Denise Johner, Regina, SK CAN [djohner@myaccess.ca](mailto:djohner@myaccess.ca)

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Wait 8      Left Foot Lead      Sequence: Intro A B C Break-1 A B C Break-2 C C A Ending

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## Intro:

Stomp Double                    (p)STO DS DS RS  
  L    R L RL  
& 1    &2 &3 &4

Fancy Double                    DS DS RS RS  
  R    L RL RL  
&1 &2 &3 &4

**Repeat above 8 beats using opposite footwork**

## Part A:

Rougie Vine - L                    DS DS(xib) R S(xif) SL S DS(xib) RS DS RS  
  L R            LR            R L R            LR L RL  
&1 &2            & 3            & 4 &5            &6 &7 &8

2 Cotton-eyed Joes                    KK(xif) L/C KK(ux) L/C DS RS                    KK(xif) L/C KK(ux) L/C DS RS  
  R            R/L R            R/L R LR                    L            L/R L            L/R L RL  
&            1 &            2 &3 &4                    &            1 &            2 &3 &4

**Repeat above 16 beats using opposite footwork & direction**

## Part B:

Jack & Jill                    DS DS DS DS (fwd) DR S DR S DR S DR S (back)  
  L R L R                    R L L R R L L R  
&1 &2 &3 &4                    & 5 & 6 & 7 & 8

2 Heel Toe Combos                    DS H Hclk T Hclk H Hclk                    DS H Hclk T Hclk H Hclk  
  L R L R L R L                    R L R L R L R  
&1 & 2 & 3 & 4                    &1 & 2 & 3 & 4

## Part C: (Chorus)

Mr. Cowboy                    DS DS DS BR (1/2L) Hclk DS RS RS RS (move F)  
  L R L R                    L            R LR LR LR  
&1 &2 &3 &                    4            &5 &6 &7 &8

2 Pump Touches                    DS K(f) Tch(xif) Tch(f)                    DS K(f) Tch(xif) Tch(f)  
  L R R                    R                    R L L L  
&1 &2 &3                    &4                    &1 &2 &3                    &4

**Repeat above 16 beats**

**Break 1: Jack & Jill****Part A:** 2x [Rougie Vine, 2 Cotton-eyed Joes]**Part B:** Jack & Jill, 2 Heel Toe Combos**Part C:** 2x [Mr. Cowboy-1/2L, 2 Pump Touches]**Break 2:**

Jack &amp; Jill

2 Only Wannas	DS DT RS Ba SI	DS DT RS Ba SI
	L R RL R R	L R RL R R
	&1 &2 &3 & 4	&1 &2 &3 & 4

Clogover Vine - L	DS DS(xif) DS(ots)	DS(xib) DS(ots) DS(xif) DS RS
	L R L	R L R L RL
	&1 &2 &3	&4 &5 &6 &7 &8

2 Triples	DS DS DS RS	DS DS DS RS
	R L R LR	L R L RL
	&1 &2 &3 &4	&1 &2 &3 &4

Clogover Vine – R	DS DS(xif) DS(ots)	DS(xib) DS(ots) DS(xif) DS RS
	R L R	L R L R LR
	&1 &2 &3	&4 &5 &6 &7 &8

2 Triples	DS DS DS RS	DS DS DS RS
	L R L RL	R L R LR
	&1 &2 &3 &4	&1 &2 &3 &4

**Part C:** 2x [Mr. Cowboy-1/2L, 2 Pump Touches]**Part C:** 2x [Mr. Cowboy-1/2L, 2 Pump Touches]**Part A:** 2x [Rougie Vine, 2 Cotton-eyed Joes]**Ending:**

Only Wanna	DS DT RS Ba SI
	L R RL R R
	&1 &2 &3 & 4

Step	S
	L
	1

DANCING ROUND THE KITCHEN- The Fables

Choreo: Darlene Cummings, 604-542-9907, fancydouble@telus.net (March 2018)  
Moderate tempo Irish song, easy intermediate line dance, left foot lead, 16 beat wait

A: Swing Basic (fwd), 4 Steps back, Double Basic & Pause

B: [8 Count Donkey, Turkey, Push ( $\frac{3}{4}$  right)] X 4

C: 3 Slurs & Basic, Clogover Vine, 3 Slurs & Basic, Vine

A: Swing Basic (fwd), 4 Steps back, Double Basic & Pause

B\*: [8 Count Donkey, Turkey, Push ( $\frac{1}{2}$  right)] X 2

C\*: 3 Slurs & Basic, Clogover Vine, 3 Slurs & Basic, Vine  
8 Count Jazz Box, [4 Cross touch (fwd), 2 Rock Back] X 2  
[Rooster Run, Rocking Chair ( $\frac{1}{2}$  left)] X 2, Cowboy, Joey, Short Joey & Pause

C\*\*\*: [3 Slurs & Basic, Clogover Vine] X 2, 3 Neutron, ( $\frac{1}{4}$  left each),  
Half Neutron ( $\frac{1}{4}$  left), [Rooster Run, Rocking Chair ( $\frac{1}{2}$  left)] X 2

A: Swing Basic (fwd), 4 Steps back, Slow Double Basic

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Swing Basic DS- R S- K S(xf)- R S- K S(xf)- R S- DS- R S  
L R L RR LR LL RL R LR

Double Basic & Pause DS- DS- R S- pause Basic DS- R S  
L R LR L RL

8 Count Donkey DS- T(f) HC- T(os) HC- T(f) HC- T(os) HC- T(b) HC- DS- R S  
L R L R L R L R L R L R LR

Turkey Dr H\*(os)- Sn S(tog)- DS- R S  
R L L R L RL

Push DS- R S- R S- R S turn gradually Slur DS(os)- Slur S(tog)  
L RL RL RL L R R

Clogover Vine DS- DS(xf)- DS(s)- DS(b)- DS(s)- DS(xf)- R S  
R L R L R L RL

Vine DS- DS(b)- DS- R S Cross Touch DS- T(xf)- HC  
R L R LR L R L

Rock Back DS- R S- R S- R S (moves back on RS's)  
L R L RL RL

Page2- Dancing Round the Kitchen

Rooster Run DS- DS(xf)- Ba Ba(b)- Ba S(xf)  
L R L R L R

Rocking Chair DS- Br/turn HC- DS- R S  
L R L R LR

Cowboy DS- DS- DS- Br(xf) HC- DS(xf)- R S(xf)- R S(xf)- R S(xf) (moves fwd on 1<sup>st</sup> 3 counts  
L R L R L R LR LR LR back on last 3)

Joey DS- Ba(b) Ba(s)- Ba(s) Ba(b)- Ba(s) S(s)  
L R L R L R L

Short Joey is the first 3 counts of the above Joey & pause for last beat.

8 Count Jazz Box

Ba HC- Ba(xf) HC- Ba(b) HC- Ba(s) HC- Ba(xf) HC- Ba(b) HC- Ba(s) HC- Ba(s) HC  
L L R R L L R R L L R R L L R R

Neutron Li S- Li S- DS- DS- DS- R S- DS- R S (turn on the Li S- Li S)  
L L RR L R L RL L RL

Half Neutron Li S- Li S- DS- DS

-----  
D= double R= rock S= step fwd= forward f= front b= behind xf= across in front  
HC= heel click H8= heel with weight Br= brush s= side os= out to the side  
Li= lift tog= together Ba= ball T= toe touch K= kick  
Note: between each dash (-) = 1 beat & (/) indicates 2 moves happening together.

# He's Italiano

Music: Mamma Mia (He's Italiano), Elena ft. Glance – (iTunes, 3:37 mins) (Tempo Approx 115 bpm) Genre: Pop  
Choreo: Karen Tripp ([karen@trippcentral.ca](mailto:karen@trippcentral.ca)), January 2017 Level: Easy Intermediate

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Sequence: Wait 16 beats, ABC ABC D Break C C

---

## PART A (32 beats)

(4) 1 Outhouse DS-Tch(ots)/H-Tch(xif)/H-Tch(ots)/H  
(4) 1 Pushoff Right DS-RS-RS-RS moving right  
(8) 1 Clogover Vine Left DS-DS(xif)-DS(ots)-DS(xib)-DS(ots)-DS(xif)-DS-RS

*Repeat with opposite footwork and direction*

## PART B (32 beats)

(8) 1 Cowboy 1/2L DS-DS-DS-BrUp(1/2L)/H-DS(xif)-RS-RS-RS  
(4) 1 Charleston DS-Tch(f)-H-ToeHeel(b)-RS  
(4) 1 Fancy Double DS-DS-RS-RS  
(8) 1 Cowboy 1/2L to face front  
(4) 1 Charleston  
(4) 1 Roundout DS-ToeHeel(xif)-ToeHeel(b)-ToeHeel(ots)

## PART C (64 beats)

(8) 1 Samantha DS-DS(xif)-Drag-S(b)-Drag-S(b)-RS-DS-DS-RS  
(4) 1 Joey DS Ba(xib)-Ba(ots)-Ba(ots)-Ba(xib)-Ba(ots)-S  
(4) Turning Pushoff 3/4R DS-RS-RS-RS turning right

*Repeat above steps, then add:*

(8) 2 Unclog Basics Sta-Sto-Sk-Lift/H-DS-RS  
(4) Rocking Chair 1/4L DS-Br(up)1/4L/H-DS-RS  
(4) Fancy Double

*Repeat above steps to face front*

**Repeat Part A:** Outhouse, Pushoff R, Clogover Vine L, *repeat all*

**Repeat Part B:** Cowboy 1/2L, Charleston, Fancy Double, Cowboy 1/2L, Charleston, Roundout

**Repeat Part C:** Samantha, Joey, Turning Pushoff 3/4R, *repeat*,  
2 Unclog Basics, Rocking Chair 1/4L, Fancy Double, *repeat*

## PART D (32 beats)

(4) 1 Stomp Double (p)-Sto-DS-DS-RS  
(4) 1 Turkey Basic Drag-H(wt)-ToeSnap-S-DS-RS  
(4) 1 Stomp Double  
(4) Turning Pushoff 1/2R

*Repeat to face front*

## BREAK (16 beats)

(16) 2 Hit Step Vines L&R DS-HeelTch(f)-S-DS-ToeTch(b)-S-DS-HeelTch-S(f)-DS-RS

**Repeat Part C:** Samantha, Joey, Turning Pushoff 3/4R, *repeat*,  
2 Unclog Basics, Rocking Chair 1/4L, Fancy Double, *repeat*

**Repeat Part C:** Samantha, Joey, Turning Pushoff 3/4R, *repeat*,  
2 Unclog Basics, Rocking Chair 1/4L, Fancy Double, *repeat*



HILLBILLY ROCK, HILLBILLY ROLL- Woolpackers

Choreo: Darlene Cummings, 604-542-9907,  
fancydouble@telus.net

(Feb. 2006)

Moderate tempo country song, advanced level line dance, left foot lead, 8 beat wait

A: Jose Shuffle (½ left), Shenendoah Switch

Br: Crimp Sweat

A: Jose Shuffle (½ left), Shenendoah Switch

B: Scuffy Bounce, Hell Train

C: 2 Burton Slide (move left & right)

A: Jose Shuffle (½ left), Shenendoah Switch

B: Scuffy Bounce, Hell Train

C: 2 Burton Slide (move left & right)

A: Jose Shuffle (½ left), Shenendoah Switch

B: Scuffy Bounce, Hell Train

Br\*: 2 Toe Heel Syncopation (½ left each)

B: Scuffy Bounce, Hell Train

C: 2 Burton Slide (move left & right)

End: Crimp Sweat, Du Jour Slide

-----  
Note: I now turn each Josse Shuffle ¼ left to do the dance in a box.

Jose Shuffle DS- D Ho Sto(xf)- pa S- D Ba T(f)- Pa S- D Ba D- Ba D- Ba T(f) Sli  
L R L R L R R L L R R L L R R L R  
+a1 e+ a 2 + 3 e+a 4 + 5 e+a 6e + a7 e + 8  
(turn on the last 4 counts)

Shenendoah Switch DS- DS(xf)- D Ho/D T Sli- DS/K- R S(xf)- D/H(f)- Ba/H(f) Sli/Li  
L R L L R R L R L L R L R L R L R L  
+a1 +a2 +a 3 e + 4 +a5 + 6 +a7 + 8

Page 2 Hillbilly Rock, Hillbilly Roll

Crimp Sweat DS- Ba Ba HC HC- R S- Sta Sto(fwd)- pa S- T Ba T Ba- T Ba T Ba- Ba/H Sli/Li  
L R L R L RL R R L RR LL RR LL R L R L  
+a1 e + a 2 +3 + 4 +5 e + a 6 e+ a 7 + 8

Scuffy Bounce

DS- Sk@ Ho Sl Bo- Ba/H S- Sk@ Ho Sl Bo- Ba/H S- T Ba(b) H Ba- H Ba- T Ba(b) H S Sli  
L R L R L&R R L L R L R L&R R L L RR L L RR LL RRR  
+a1 e + a 2 + 3 e + a 4 + 5 e + a 6 e + a 7 e + 8

Hell Train DS- D Ho T(b)- T(b) S- D Ba T(f)- HC S- D Ho D- Ho T(b) S- D Ho T  
L R L R R R L L R R L R L R L R R L R L  
+a1 e+a 2 + 3 e+a 4 + 5 e+a 6e + a 7 e+a 8

Toe Heel Syncopated

DS- T(b) Sli- Dr/H(f) Sli/T(b)- H\* Sn- T(b) Sli- Dr/H(f) Sli/T(b)- H\* Sn- DS  
L R L L R L R R R L R R L R L L L R  
+a1 + 2 + 3 + 4 + 5 + 6 + 7 +a8

(turn gradually on the toe & heel touches)

Burton Slide

DS- Br(f) Sn Br(b) S- T Ba H S- S(os) S(b)- Slur S(os)- Br(f) Sn Br(b) S- DS- R S  
L R L R R LL RR L R L L R L R R L RL  
+a1 e + a 2 e + a 3 + 4 + 5 e + a 6 +a7+8

Repeat opposite footwork

Du Jour Slide DS- D Ba S(fwd)- D Ba S(fwd)- S Sli  
L R R L R R L RR  
+a1 e+a 2 e+a 3 +4

Note:

All turns can be optional however the Shenendoah travels slightly to left therefore the Jose Shuffle Could move slightly to the right on the last 4 counts.

Or the Jose Shuffle could turn a ¼ left each time, therefore the dance would be done in a box.

A slash (/) indicates 2 movements done at the same time.

-----  
D= double R= rock S= step s= side os= out to side fwd= forward f= front  
Ho= hop T= toe touch Ba= ball b= behind pa= pause xf= across in front Li= lift  
H= heel touch HC= heel click H\*= heel with weight Sto= stomp Sta= stamp K= kick  
Bo= bounce Dr= drag Sn= snap Sli= slide @= around Sl= slap  
Note: between each dash (-) = 1 beat

# Lonely Drum

Music: Lonely Drum by Aaron Goodvin  
Choreo: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)

Genre: Pop Country  
Level: Basic+

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Sequence: Wait 32, A B Bridge A B Break A B B End

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Wait 32

## **PART A (32 beats)**

- (8) 2 Outhouses
  - (8) 1 High Horse
  - (8) 2 Rocking Chairs 1/4L ea
  - (4) 1 Charleston
  - (4) 1 Fancy Double
- Repeat all to face front*

## **PART B (32 beats) (0:55 mins)**

- (4) 1 Hard Step
- (4) 1 Triple
- (4) 1 Pushoff Left
- (4) 1 Fancy Double R
- (4) 1 Pushoff Right
- (4) 1 Fancy Double L
- (8) 2 Slur Basic L&R

## **BRIDGE (8 beats)**

- (8) 1 8-count Roundout

**Repeat Part A** 2 Outhouses, High Horse, 2 Rkng Chairs 1/2L ea, Charleston, Fancy Dble, *Repeat*

**Repeat Part B** Hard Step, Triple, Pushoff L, Fancy Double, Pushoff R, Fancy Double, 2 Slur Basics

## **BREAK (Instrumental) (32 beats)**

- |                           |        |             |   |             |   |             |   |
|---------------------------|--------|-------------|---|-------------|---|-------------|---|
| (4) Travelling Shoes 1/4L | DS1/4L | Heel Swivel | S | Heel Swivel | S | Heel Swivel | S |
|                           | &1     | &           | 2 | &           | 3 | &           | 4 |

- (4) Triple

*Repeat 3X to make a box*

**Repeat Part A** 2 Outhouses, High Horse, 2 Rkng Chairs 1/2L ea, Charleston, Fancy Dble, *Repeat*

**Repeat Part B** Hard Step, Triple, Pushoff L, Fancy Double, Pushoff R, Fancy Double, 2 Slur Basics

**Repeat Part B** Hard Step, Triple, Pushoff L, Fancy Double, Pushoff R, Fancy Double, 2 Slur Basics

## **ENDING**

- (4) 1 Slur Basic
- (1) Slow Step Right, raise jazz hands

LONG AND LONSOME OLD FREIGHT TRAIN- Prairie Oyster

Choreo: Darlene Cummings, 604-542-9907, fancydouble@telus.net (Jan 2014)

Moderate tempo country song, easy intermediate line dance, left foot lead, 16 beat wait

Intro: Choo Choo

A: High Horse, Long Crab Walk, Black Mt. 2 Rock Step, [2 Heel Slur, Mt. Goat (½ left)] X 2

A: High Horse, Long Crab Walk, Black Mt. 2 Rock Step, [2 Heel Slur, Mt. Goat (½ left)] X 2

B: [Tell Mama, Apple Clap (½ right)] X 2, Scooter (fwd), Rock Back

A: High Horse, Long Crab Walk, Black Mt. 2 Rock Step, [2 Heel Slur, Mt. Goat (½ left)] X 2

C: Popcorn, Stomp Fancy Double, 4 Heel Snap (fwd), 2 Hit Step, 4 Double Click (back), [Half Alabama Rock, Charleston] X 2

A\*: High Horse, Long Crab Walk, Black Mt. 2 Rock Step, [2 Heel Slur, Mt. Goat (¼ left)] X 4

C: Popcorn, Stomp Fancy Double, 4 Heel Snap (fwd), 2 Hit Step, 4 Double Click (back), [Half Alabama Rock, Charleston] X 2

B\*: [Tell Mama, Apple Clap (½ right)] X 2, Fancy Double, 5 Cotton Kicks, Choo Choo, DS(xf)(pull the whistle, right hand)

-----  
Choo Choo H\*(f) S- R(b) S- H\*(f) S- R(b) S- H\*(f) S- R(b) S- H\*(f) S- R(b) S (Last Choo Choo done on opposite footwork)  
L R L R L R L R L R L R L R  
+ 1 + 2 + 3 + 4 + 5 + 6 + 7 + 8

High Horse DS- D(xf) HC- D(os) HC- R S-Ba Sli/Li- DS- DS- R S  
L R L R L R L R L R L R L R

Long Crab Walk DS- DS- H\* H\*- R S- H\* H\*- R S- R S- Br HC  
L R L R L R L R L R L R

Black Mt. DS- H H- pa T(b)- Ba/H Sli/Li Rock Steps DS- R(xb) S- DS- R(xb) S  
L R R R R L R L L R L R L R

Heel Slur Li H\*(os)- Slur S(tog)  
L L R R

Mt.Goat DS- Ba(f) Ba(b)- Ba(s) Ba(f)- Ba(b) Sli/Li (turn gradually)  
L R L R L R R L

Tell Mama DS- Br(xf) HC- DS- Br(xf) HC- DS- T(xb) S- DS- R S  
L R L R L R L R L R L R L R

Page 2 Long & Lonesome Old Freight Train

Apple Clap DS- H\* SnT(out)- clap clap- R S- DS- DS- DS- R S (turn on the last 4 counts)  
R L L R L R L R L R

Scooter DS- Sli R- S Sli- R S Rock Back DS- R S- R S- R S (move back on RS's)  
L L R LL RL R LR LR LR

Popcorn DS- DS- S H- S H (this is the 4 count Popcorn or mini Popcorn)  
L R LR RL

Stomp Fancy Double Li Sto- DS- R S- R S (also called Stomp Fancy Basic)  
L L R LR LR

Heel Snaps H\* SnT(out)- H\* SnT(out)- H\* SnT(out)- H\* SnT(out)  
L+ L1 R+ R2 L+ L3 R+ R4

Hit Step DS- H S  
L RR

Double Clicks D Ba(b)- HC HC- D Ba(b) HC HC- D Ba(b) HC HC- D Ba(b) HC HC  
L L L L R R R R L L L L R R R R

Half Alabama Rock DS- DS(xf)- Dr S- R S This step & Charleston also done on  
L R R L RL opposite footwork

Charleston DS- T(f) HC- Ba HC- T(b) HC  
R L R L L R L

Fancy Double DS- DS- R S- R S  
L R LR LR

Cotton Kick D(xf) HC- D(os) HC- DS- R S repeat opposite footwork  
L R L R L RL

---

D= double R= rock S= step b= behind f= front xb= across in behind tog= together  
Ba= ball s= side os= out to side xf= across in front H= heel touch T= toe touch  
HC= heel click H\*= heel with weight SnT= snap toe pa= pause Sli- Slide Li- lift  
Br= brush Dr= drag Sto= stomp  
Note: between each dash (-) = 1 beat & (/) = 2 moves together

# Senor Santa Claus

Music by Jim Reeves (2:24 mins)  
Choreography: Karen Tripp ([karen@trippcentral.ca](mailto:karen@trippcentral.ca))

Genre: Country Christmas  
Level: Easy Beginner

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Sequence: Wait 10 seconds into track, A A\* Bridge 1 A A\* Bridge 1 Bridge 2 Ending

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Wait 8 beats starting from 4<sup>th</sup> downbeat

## PART A (32 beats)

(4) 2 Touch Ups                      DS      TchUp (ots)/H  
   &1      &2

(4) 2 Basics                              DS      RS  
   &1      &2

(8) 2 Rocking Chair Turns 1/4L ea      DS      Br(Up)1/4L/H      DS      RS  
   &1      &2     &3      &4

*Repeat to face front then add:*

(8) 2 Pushoffs L&R                      DS      RS      RS      RS (moving left)  
   &1      &2      &3      &4

(8) 1 Cowboy                              DS      DS      DS      Br(up)/H      DS(xif)      RS      RS      RS  
   &1      &2      &3      &4     &5      &6      &7      &8

## PART A\* (16 beats)

(4) 2 Touch Ups

(4) 2 Basics

(8) 1 Cowboy

## BRIDGE (14 beats)

(8) 8-count Roundout      DS      T-H(xif)      T-H(b)      T-H(ots)      T-H(xif)      T-H(b)      T-H(ots)      T-H  
   &1      &2     &3      &4     &5      &6     &7      &8

(2) 2 Double Steps

(4) 1 Fancy Double                      DS      DS      RS      RS  
   &1      &2     &3      &4

**Repeat Part A**      2 Touch Ups, 2 Basics, 2 Rocking Chairs 1/4L ea, *Repeat*, 2 Pushoffs L&R, Cowboy

**Repeat Part A\***      2 Touch Ups, 2 Basics, Cowboy

**Repeat Bridge 1**      8-ct Roundout, 2 Double Steps, Fancy Double

## BRIDGE 2 (16 beats)

(8) 2 Pushoffs L&R

(8) 1 Cowboy

## ENDING (24 beats)

(4) 2 Touch Ups

(4) 2 Basics

(16) 4 Rocking Chairs 1/4L ea (music fades)

### ABBREVIATIONS USED

b: Back // Br(Up): Brush Up  
DS: Double Step // f: front  
H: Heel click  
ots: Out to Side // RS: Rock Step  
S: Step // T: Toe // Tch: Touch  
xib: Cross in back // xif: Cross in front

# Shallow Rivers (Country)

Artist: Dan Fogelberg Album: High Country Snows (Time: 3:14)

Level: Intermediate Line Dance Speed: 131 BPM

Choreo: 🇨🇦 Kerri Orthner, kerriclogs@hotmail.com, 780 922-6821 www.kerriclogs.com

Sequence: A – B – C – D – A – B – C – D - Ending

Wait: 32 beats LEFT FOOT lead

## Cues

### Part A - 32 beats

Hoedowner  
Rooster Run  
Hillbilly turn ½ Right  
Hoedowner  
Rooster Run  
Hillbilly turn ½ Right

### Part B

Lucy Brushover Vine  
Joey, Karate turn ½ Left  
Lucy Brushover Vine  
Joey, Karate turn ½ Left

### Part C

Rhinestone Cowboy  
2 Basics  
Alamo Style Kick  
Jump Toe Thing  
2 Stomp Doubles

### Part D

"Herb" – 32 beats  
High Horse, Black Mountain, 2 Basics  
High Horse, Black Mountain, 2 Basics  
(turn Black Mountain ¼ left and 2  
basics ¼ left)

"Charlie" – 16 beats  
Charlie's Heel, Triple  
Charlie's Heel, Triple  
(turn Charlie's Heel ½ Right)

"Jimmy" – 32 beats  
2 Rougie Vines  
2 Kicks  
2 Side Touches  
2 Toe Taps  
2 Basics

### Repeat Part A

### Repeat Part B

### Repeat Part C

### Repeat Part D

### Ending

Basics as music fades out.

## Step Breakdown (in order of appearance)

### Hoedowner

DS	Kk	Hclk	DS	RS	Kk	Hclk	Kk	Hclk	DS	RS
L	R	L	R	LR	L	R	L	R	L	RL
&a1	&	2	&a3	&4	&	5	&	6	&a7	&8

### Rooster Run (right foot lead)

	(xif)	(ots)	(xib)	(ots)	(xif)
DS	DS	R	S	R	S
R	L	R	L	R	L
&a1	&a2	&	3	&	4

### Hillbilly (right foot lead) turn ½ Right

DS	Tch	Hclk	Tch	Hclk	Tch	Hclk
R	L	R	L	R	L	R
&a1	&	2	&	3	&	4

### Lucy Brushover Vine

	(xif)		(xif)	(ib)		(xib)			
DS	BR	Hclk	TH	Ttap	Hclk	DS	DS	DS	RS
L	R	L	RR	L	R	L	R	L	RL
&a1	&	2	&A3	&	4	&a5	&a6	&a7	&8

### Joey (right foot lead)

	(xib)	(ots)	(ots)	(xib)	(ots)	(ots)
DS	BA	BA	BA	BA	BA	BA
R	L	R	L	R	L	R
&a1	&	2	&	3	&	4

### Karate turn ½ Left

		*turn*				
DS	K	Hclk	(p)	S	K	Hclk
L	R	L		R	L	R
&a1	&	2	&	3	&	4

### Rhinestone Cowboy

DS	DS	DS	BR	Hclk	TTHH	TTHH	TTHH	BA	SL
L	R	L	R	L	RLRL	RLRL	RLRL	R	L
&a1	&a2	&a3	&	4	e&a5	e&a6	e&a7	&	8

### Basic

DS	RS	repeat with opposite footwork
L	RL	
&a1	&2	

### Alamo Style Kick

	(ib)		(if)
(p)	Kk	(p)	Kk
	R		L
&	1	&	2

## Abbreviations used

### Steps

(p) – Pause

BA – Ball

DS – Double Toe Step

DT – Double Toe

H(w) – Heel with weight

Hclk – Heel Click

HTch – Heel Touch

Kk – Kick

RS – Rock Step

S – Step

SL - Slide

STO – Stomp

Tch – Touch with ball

Ttap – Toe tap (touch with tip of toe)

TTHH – Toe Toe Heel Heel (crimp roll or cramp roll)

### Directions

(xib) – cross in back

(xif) – cross in front

(ots) – out to side

(ib) – in back

(if) – in front

## Jump Toe Thing

(p)	Jump	Ttap	Hop	(p)	Jump	Ttap	Hop
	L	R	L		R	L	R
&	1	&	2	&	3	&	4

DS	DS	BA	SL	BA	SL
L	R	L	L	R	R
&a5	&a6	&	7	&	8

## Stomp Double

(p)	STO	DS	DS	RS	repeat with opposite footwork		
	L	R	L	RL			
&	1	&a2	&a3	&4			

## High Horse

DS	DT	Hclk	DT	Hclk	RS	BA	SL	DS	DS	RS
L	R	L	R	L	RL	R	R	L	L	RL
&a1	&a	2	&a	3	&4	&	5	&a6	&a7	&8

## Black Mountain

DS	Htch	Htch	(p)	Ttap	Heel	Lift
L	R	R		R	L	L
&a1	&	2	&	3	&	4

## Charlie's Heel (turn ½ right)

			*turn*			
DS	DS	R	H(w)	(p)	S	
L	R	L	R		L	
&a1	&a2	&	3	&	4	

## Triple (right foot lead)

DS	DS	DS	RS
R	L	R	LR
&a1	&a2	&a3	&4

## Rougie Vine

	(xib)	(ots)	(xif)		(ots)		(xib)			
DS	DS	R	S	SL	S	DT	S	RS	DS	RS
L	R	L	R	R	L	R	R	LR	L	RL
&a1	&a2	&	3	&	4	&a	4	&6	&a7	&8

repeat with opposite footwork

## Kick

DS	K	Hclk	repeat with opposite footwork
L	R	L	
&a1	&	2	

## Side Touch

DS	Tch	Hclk	repeat with opposite footwork
L	R	L	
&a1	&	2	

## Toe Tap

DS	Ttap	Hclk	repeat with opposite footwork
L	R	L	
&a1	&	2	



SISTER KATE- Ditty Bops

Choreo: Darlene Cummings, 604-542-9907,  
fancydouble@telus.net (Feb 2010)  
Classic swing song, easy line dance, left foot lead, 8 beat wait

- A: [Hillbilly Twist, Long Charleston] X 3, Push (full right), 2 Cross Rock
- B: 3 Run Toe Heel (left), Basic, Fancy Double, Knees,  
3 Run Toe Heel (right), Basic, Cowboy
- A: [Hillbilly Twist, Long Charleston] X 3, Push (full right), 2 Cross Rock
- B\*: 2 Basic Chug Two, Fancy Double, Knees, 2 (left foot) Basic Chug Two, Cowboy,  
3 Run Toe Heel (left), Basic, Fancy Double, Knees,  
3 Run Toe Heel (right), Basic, Cowboy
- A\*: Hillbilly Twist, Long Charleston, Hillbilly Twist, Knees,  
2 (right foot) Long Charleston, Push (full right), 2 Cross Rock
- End: 3 Push (back on diagonals), Stomp Rocky Top (forward)

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Hillbilly Twist

DS- T K(os)/TwH(right)- T K(in)/TwH(left)- T K(os)/TwH(right) Note: (/) indicates

L R R L R R L R R L 2 moves together

Long Charleston DS- T(f) HC- Ba HC- T(b) HC

R L R L L R L

Push DS- R S- R S- R S Fancy Double DS- DS- R S- R S

R L R L R L L R L R L R

Cross Rock DS(xf)- R S(xf)- R S(xf)- R S(xf) (Also called Rock Right &  
L R L R L R L R L R Rock Left)

Run Toe Heel DS- Ba(xf) HC Triple Over DS- DS(xf)- DS(s)- R S

L R R L R L R L R L R L

Cowboy DS- DS- DS- Br(xf) HC- DS(xf)- R S(xf)- R S(xf)- R S(xf)

L R L R L R LR LR LR

(moves forward on 1<sup>st</sup> 3 counts & back on last 3)

(Cross) Knees place left hand on right knee & right hand on left knee

Push knees apart & relax together (count +1)

Switch hands to left hand on left knee & right hand on right knee

Push knees apart & relax together (count +2) repeat to count 4

(may do without the hands)

Basic Chug Two DS- R S- K HC/Bend(xf)- K HC/Bend(os)

L R L R L R R L R

Stomp Rocky Top Li Sto- DS- DS- Sto Sto

R R L R L R

---

D- Double R- rock S- step f- front xf- across in front b- behind k- kick  
HC- heel click s- side os- out to side T- toe touch TwH- twist heel Ba- ball  
Br- brush Li- lift Sto- stomp Note: between each dash (-) = 1 beat

# Story

Music: Story by Drake White, Album: Spark (iTunes)  
Choreographer: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)  
Level: Easy Beginner

Genre: Country  
3:14 mins (do not use talk after 3:04)  
Tempo: 162 bpm

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Sequence: Wait 16, A B Bridge A B Break B Break End

---

Wait 16 beats

## PART A (32 beats)

(4)	2 Touch Ups	DS	Tch(ots)	Lift/H
(4)	4 Toe Heels Forward	Toe	Heel	
(4)	2 Touch Ups			
(4)	4 Toe Heels Back			
(8)	Vine Brush L&R	DS	DS(xib)	DS BrUp/H
(8)	Pushoff L&R	DS	RS	RS RS (moving left/right)

## PART B (32 beats)

(4)	Rooster Run	DS	DS(xif)	R(ots)	S(xib)	R(ots)	S(xif)
(4)	Turning Push 1/2L	DS	RS	RS	RS	RS (turning 1/2L)	
(4)	Triple	DS	DS	DS	RS		
(4)	Fancy Double	DS	DS	RS	RS		

*Repeat to face front*

## BRIDGE (4 beats)

(4)	4-count Roundout	DS	Toe-H(xif)	Toe-H(b)	Toe-H(ots)
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**Repeat Part A:** 2 Touch Ups, 4 Toe Heels Fwd, 2 Touch Ups, 4 Toe Heels Back, Vine Brush L&R, Pushoff L&R

**Repeat Part B:** Rooster Run, Turning Push 1/2L, Triple, Fancy Double, *Repeat*

## BREAK (16 beats)

(16)	2 Clogover Vines L&R	DS	DS(xif)	DS(ots)	DS(xib)	DS(ots)	DS(xif)	DS	RS
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**Repeat Part B:** Rooster Run, Turning Push 1/2L, Triple, Fancy Double, *Repeat*

**Repeat Break:** 2 Clogover Vines L&R

## ENDING (17 beats)

(4)	2 Touch Ups
(4)	4 Toe Heels Forward
(4)	2 Touch Ups
(4)	4 Toe Heels Back
(1)	Stomp Left

### ABBREVIATIONS USED

BrUp: Brush Up // ba: ball of foot // DS: Double Step // H: Heel // ots: Out To Side //  
RS: Rock Step // S: Step // T: Toe // Sto: Stomp // Tch: Touch // xib: Cross in back //  
xif: Cross in front

# Thoroughly Modern Millie

Music: Thoroughly Modern Millie by The Eric Winstone Orchestra (available from Casa Musica, Amazon)

Choreo: Karen Tripp, karen@trippcentral.ca

Level: Basic

Tempo: 95 bpm

Genre: Broadway Musical (2:07 mins)

Sequence: Wait 8, A B A

## PART A (64 beats)

- (4) 1 Charleston
  - (4) 1 Slur Basic L
  - (4) 1 Charleston (R)
  - (4) 1 Travelling Triple (R)
  - (4) 2 Slurs Left
  - (4) 1 Charleston Brush
  - (4) 1 Turning Push 1/2R
  - (4) 4-count Roundout
- Repeat all above to face front*

## PART B (64 beats)

- (16) 2 Clogover 6 Heel Pivot 1/2L
  - (8) 4 Kicks
  - (4) 1 Triple Brush Fwd
  - (4) 1 Rock Back
- Repeat all above*

## Step Breakdown

(4)	1 Charleston	DS L &1	Tch(f) R &	H L 2	Toe(b) R &	H R 3	RS LR &4		
(4)	1 Slur Basic	DS L &1	Slur(xib) R &	S R 2	DS L &3	RS RL &4			
(2)	1 Slur Left	DS L &1	Slur(xib) R &	S R 2					
(4)	Charleston Brush	DS L &1	Tch(f)/H R/L &2	Tch(b)/H R/L &3	Br(up)/H R/L &4				
(4)	Travelling Triple (R)	DS R &1	DS(xif) L &2	DS R &3	RS RL &4				
(4)	1 Turning Pushoff 1/2 R		---- turning 1/2 right ----						
		DS R &1	RS LR &2	RS LR &3	RS LR &4				
(4)	1 Roundout	DS L &1	T-H(xif) R-R &2	T-H(b) L-L &3	T-H(ots) R-R &4				
(2)	1 Kick	DS L &1	Kk R &	Lift/H R/L 2					
(4)	1 Triple Brush	DS L &1	DS R &2	DS L &3	BrUp/H R/L &4				
(4)	1 Rock Back (R)		----moving back----						
		DS(b) R &1	RS LR &2	RS LR &3	RS LR &4				
(8)	Clogover 6 Heel Pivot 1/2L	DS L &1	DS(xif) R &2	DS(ots) L &3	DS(xib) R &4	DS(ots) L &5	DS(xif) R &6	(p) HI Pivot 1/2L L (wgt) & 7	S R 8

## Legend

b: Back  
 Br(up): Brush Up  
 DS: Double Step  
 DT: Double Toe  
 f: Front  
 H: Heel click  
 HI: Heel (with weight)  
 Kk: Kick leg out in front  
 Lift: Bend knee and lift leg  
 (p): Pause  
 ots: Out to side  
 RS: Rock Step  
 S: Step  
 Slur: Drag toe behind  
 T: Toe  
 TH: Toe Heel  
 Tch: Touch  
 xib: Cross in back  
 xif: Cross in front  
 ux: Uncross

# Tongue Tied

Music: Tongue Tied by Earl (3:06 mins)  
Choreo: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)

Level: High Beginner  
Genre: Pop, Tempo: 107 bpm

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Sequence: Wait 8, AA B C ABC DB C\*

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## Part A (32 beats)

(8) 2 Charlestons  
(4) 1 Rocking Chair 1/2L  
(4) 1 CrossOver Rock  
(8) 2 Bad Stamps  
(4) 1 Triple  
(4) 1 Karate Kick 1/2L

**Repeat Part A**      2 Charlestons, Rocking Chair 1/2L, CrossOver Rock, 2 Bad Stamps,  
Triple, Karate Turn 1/2L

## PART B (32 beats) (0:40 mins, chorus)

(4) 2 Slurs L  
(4) 1 Toe Tapper  
(8) *Repeat 2 Slurs, Toe Tapper*  
(8) 1 Cowboy  
(4) 1 Fancy Double  
(4) 1 4-count Roundout

## PART C (32 beats) (0:58 mins)

(8) 1 Simone  
(4) 1 Turning Pushoff 1/2R  
(4) 1 Fancy Double  
*Repeat to face front*

**Repeat Part A**      2 Charlestons, Rocking Chair 1/2L, CrossOver Rock, 2 Bad Stamps,  
Triple, Karate Turn 1/2L

**Repeat Part B**      2 Slurs, Toe Tapper, *repeat*,  
Cowboy, Fancy Double, 4-count Roundout

**Repeat Part C**      Simone, Turning Pushoff 1/2R, Fancy Double, *Repeat*

## PART D (32 beats) (2:11 mins)

(4) 1 Stomp Double L  
(4) 1 Triple Slur R  
(8) *Repeat above steps with opposite footwork*  
(4) 1 Triple Brush Fwd  
(4) 1 Triple Back  
(8) 8-count Roundout

**Repeat Part B**      2 Slurs, Toe Tapper, *repeat*,  
Cowboy, Fancy Double, 4-count Roundout

**Repeat Part C\***      Simone, Turning Push 1/2R, Fancy Double, Simone,  
Turning Pushoff 1/2R, Double Basic (DS DS RS)

**Step Breakdown For Tongue Tied**

**Choreographed by Karen Tripp**

(4)	1 Charleston	DS L &1	Tch(f) R &	H L 2	Toe(b) R &	H R 3	RS LR &4		
(4)	1 Rocking Chair 1/2L	DS L &1	Br(up) 1/2L/H R/L &2		DS R &3	RS LR &4			
(4)	1 Crossover Rock	DS L &1	DT(xif)/H R &2		DT(unx)/H R &3	RS RL &4			
(4)	1 Bad Stamp	DS L &1	Sta(f) R &	RS RL 2&	Sta(f) R 3	RS RL &4			
(4)	1 Karate Kick 1/2 L	DS L &1	Kk R &	Lift (1/2L)/H R/L 2	(p) R &	S R 3	Kk L &	Lift/H L/R 4	
(2)	1 Slur L	DS L &1	Slur(b) R &	S R 2					
(4)	1 Toe Tapper	DS L &1	Tch(f)/H R/L &2	DT(ots)/H R/L &3	Tch(b)/H R/L &4				
(8)	1 Cowboy	----- moving forward -----				----- moving back -----			
		DS L &1	DS R &2	DS L &3	BrUp/H R/L &4	DS(xif) R &5	RS LR &6	RS LR &7	RS LR &8
4)	1 Fancy Double	DS L &1	DS R &2	RS LR &3	RS LR &4				
(4)	1 4-count Roundout	DS L &1	T-H(xif) R-R &2	T-H(b) L-L &3	T-H(ots) R-R &4				
(8)	1 Simone	DT(b)/H L/R &1	BrUp/H L/R &2	Tch(xif)/H L-R &3	Tch(xif)/H L-R &4	Tch(f)/H L-R &5	Tch(xif)/H L-R &6	DS L &7	RS RL &8
(4)	1 Turning Pushoff 1/2R		DS L &1	RS RL &2	RS RL &3	RS (turning 1/2 R) RL &4			
(4)	1 Stomp Double	(p) &	Sto L 1	DS R &2	DS L &3	RS RL &4			
(4)	1 Triple Slur	DS L &1	DS(xif) R &2	DS L &3	Slur(b) R &	S R 4			
(8)	1 8-count Roundout	DS L &1	T-H(xif) RR &2	T-H(b) LL &3	T-H(ots) RR &4	T-H(xif) LL &5	T-H(b) RR &6	T-H(ots) LL &7	T-H RR &8

<u>Legend</u>
b: Back or behind
ba: Ball of foot
Br(up): Brush Up
Dr: Drag back
DS: Double Step
DT: Double Toe
f: Front
H: Heel click
Kk: Kick leg out in front
Lift: Bend knee and lift leg
(p): Pause
ots: Out to side
RS: Rock Step
S: Step
Sta: Stamp (no weight)
Sto: Stomp (with weight)
T: Toe
TH: Toe Heel
Tch: Touch
Unx: Uncross
xib: Cross in back
xif: Cross in front