

Alley Cat

(old line dance I learned in grade school)

Song: Alley Cat – The Emeralds (or any other 32 beat straight phrased song)

Wait: 32 beats (start counting with the drum beat)

Touch right foot out to right
Touch right foot beside left
Touch right foot out to right
Bring right foot to left and step

Touch left foot out to left
Touch left foot beside right
Touch left foot out to left
Bring left foot to right and step

Touch right foot back
Touch right foot beside left
Touch right foot back
Bring right foot to left and step

Touch left foot back
Touch left foot beside right
Touch left foot back
Bring left foot to right and step

Lift Right Knee up
Touch right foot beside left
Lift Right Knee up
Bring right foot to left and step

Lift Left Knee up
Touch left foot beside left
Lift Left Knee up
Bring left foot to right and step

Lift Right Knee up
Bring right foot to left and step
Lift Left Knee up
Bring left foot to right and step

Clap
Hold
Jump and turn to face $\frac{1}{4}$ Left
Hold

Repeat from beginning until end of song (8 times – 4 walls twice)

There's a 16 beat ending but I just finish after the 8th repetition.